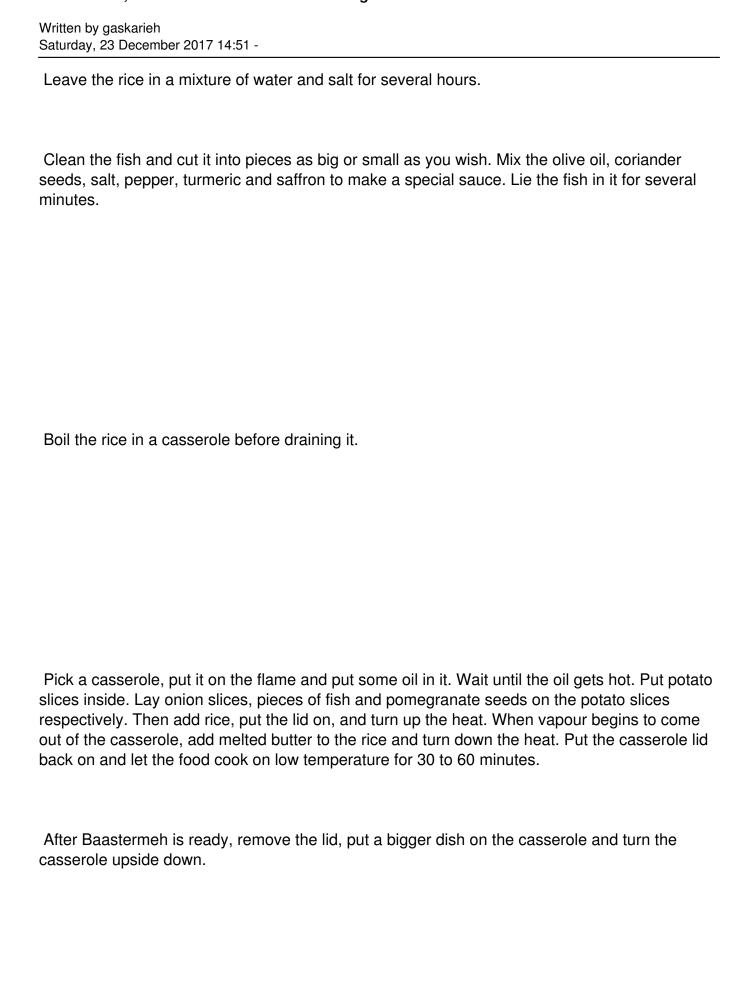
## Baastermeh; A Turkmen Fish Pilau with Pomegranate

Written by gaskarieh Saturday, 23 December 2017 14:51 -

Baastermerh, a popular Turkmen food, has been around since the distant past and is cooked and served in parties and ceremonies. One of the features of the food is that it is made with pomegranates, potatoes, onions and fish, which give it a unique taste. Turkmens usually use sturgeon to cook Baastermeh.

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Turkmens usually make Baastermeh in as many small dishes as there are people to be served. When the food is ready, they turn the dishes upside down onto plates.

If sturgeon is not available, you may use any other boneless types of fish.

If you are using sour pomegranates, you can add some sugar to the pomegranate seeds to make its taste better.

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